

**DIVISION U6
2009-2010 OFFICIAL RULES**



FIELD SIZE	84 ft long X 50 ft wide (marked by cones at corners)
GOAL SIZE	10 ft wide (marked by cones or flags). Goals could be made narrower during course of season.
BALL SIZE	3, FIFA approved
PLAYERS	On team: 5-6 players (may vary due to number of players registered) On field: 3 Minimum to start: 2 Sportsmanship: Both teams must field same number of players on field. Playing time: Minimum 3 quarters per game, unless number of players on team does not allow it. Each player should average 3 quarters per game over season, unless physically unable to do so. Goal keepers: No goal keepers
GAME LENGTH	Two 10 minute halves (running time). 1 minute quarter break midway through each half. 5 Minute half time break.
SPECIAL RULES	FIFA Laws shall be very loosely administered. Emphasis is on safety and fun. Kickoff: Home team kicks off first. Visitors kick off to start second half. Teams switch sides second half. Free kicks: All free kicks, kicks resulting from an infraction, will be indirect (IFK, i.e., second player must touch ball before goal can be scored). Corner kick: Use throw-in from corner. Goal kick: Ball placed 1 yard from goal cone/flag. Other players must keep safe distance away. Throw-in: Correct improper throw-in and allow child to retake until correct. Offside: No offside violations. Cards: No carding of players will be permitted. Heading and Slide Tackling: Allowed but not encouraged without proper and adequate training. Referee to watch closely for dangerous play foul.
COACHING	Positive, instructive, and encouraging coaching permitted. Alcohol and tobacco products not allowed on field during practices and games.
REFEREES	Referees are to maintain safety, fun, and flow of game, and to provide instructional comments to players, as long as flow of game is not interrupted. If one team is ahead by more than 3 goals, then its goal cones should be widened somewhat to aid other team in an opportunity to score.
SPECTATORS	Spectators to remain 5 yards from touch line and within 10 yards of halfway line. No one is allowed behind goal line.

DIVISION U8 2009-2010 OFFICIAL RULES



FIELD SIZE	130 ft long X 100 ft wide (approx. dimensions)
PENALTY AREA	33 ft deep X 81 ft wide
GOAL AREA	12 ft deep X 42 ft wide
GOAL SIZE	Junior goals (8 ft wide X 5 ft high)
BALL SIZE	3, FIFA approved
PLAYERS	<p>On team: 6 or 7 (may vary due to number of players registered in region) On field: 4 or 5 (may vary due to number of players on team) Minimum to start: 3 or 4 (may vary due to number of players on team) Sportsmanship: Each team must field same number of players. Playing time: Minimum 2 quarters per game. Each player should average 3 quarters per game over entire season, unless physically unable to do so. Goal keepers: No goal keepers</p>
GAME TIME	<p>Total length: 28 minutes (two 14-minute halves). Quarter: 7 minutes or approx. midway through each half. Time remains running. Quarter break: Running time used for substitution and water, NOT coaching. Time normally does not stop during quarter breaks. Halftime: Minimum 5 minute halftime is required. Referee may extend time with approval of both coaches.</p>
RULES	FIFA Laws applied loosely, with primary emphasis on safety.
SPECIAL RULES	<p>Scoring: For Division U8, there can be no score directly from a kickoff, a goal kick, or from any free kick. All kicks are indirect. Defensive players must be at least 8 yds. away from kicker. Free kicks: All free kicks (kicks resulting from an infraction) will be indirect (IFK, i.e., a second player must touch ball before goal can be scored). Goal kick: Anywhere in goal area. All other players must be outside Penalty Area. Ball not in play until it travels outside Penalty Area. Corner kick: IFK from a spot 1 yard from corner. Throw-in: Allow several chances before giving ball to other team. Goal Area: Any infraction made by the defender in his/her own goal area will result in an IFK for the attacking team at the "Penalty spot," which is one yard outside the goal area line parallel to the goal line (see diagram on back). Defenders must be 10 yards away unless they are on the goal line. For the safety of the players, the latter position is not encouraged. Heading and Slide Tackling: Allowed but not encouraged without proper and adequate training. Referee to watch closely for dangerous play foul. Offside: No offside. Cards: No carding of players will be permitted. If a player is dangerous, request coach to replace player.</p>

COACHING

Only one coach and/or one assistant coach are allowed in coaching area, which is 5 yards on either side of halfway line on their side of field during game. Coaching is to be POSITIVE, INSTRUCTIONAL, and ENCOURAGING. Coach of home team has choice of sides.

NO ALCOHOL OR TOBACCO PRODUCTS ALLOWED AT PRACTICES OR GAMES.

REFEREES

Referees are to maintain safety of all players and may provide instructional comments to players to assist with learning. Officiating team shall consist of a center referee and 2 assistant referees (linespersons). Referees are to complete and turn in game cards.

SPECTATORS

Spectators to remain 5 yards from touch line and 20 yards from goal line, and should sit on same side as team. No one allowed behind goal line.

STANDINGS

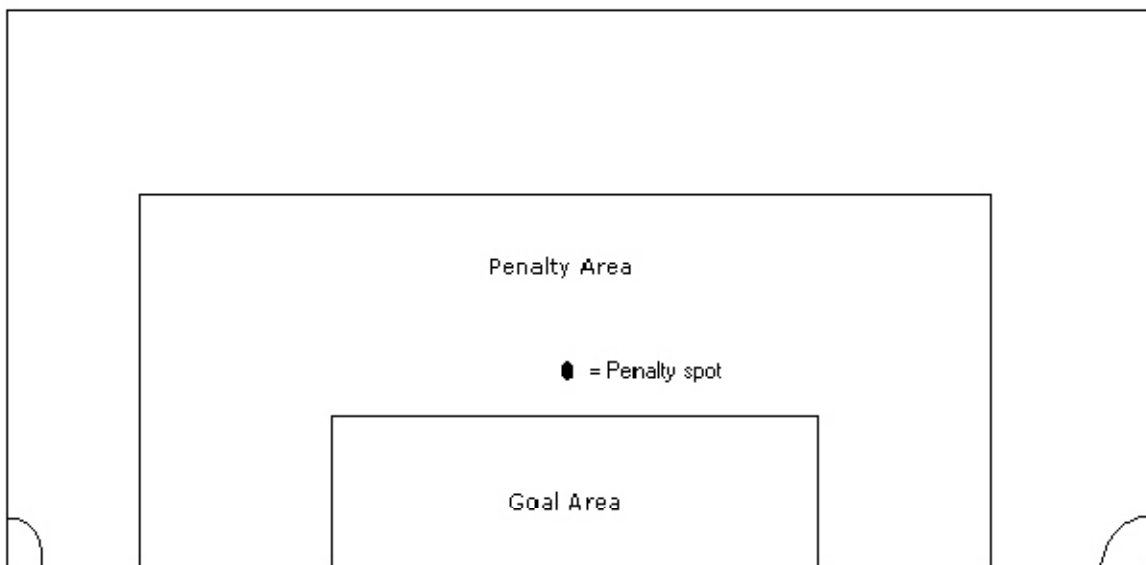
NO league standings are kept. Lopsided scoring should be minimized and **DISCOURAGED**.

PRACTICE

PRACTICES ARE TO LAST NO MORE THAN 1½ HOURS. Only three (3) activities (2 practices, 1 game) are allowed per week.

GENERAL INFO

REMEMBER, THIS GAME IS FOR THE PLAYERS! Referee is there to keep time, move game along, and provide safe environment for all players. Coach is there to do LINEUP, OBSERVE and ENCOURAGE during game. Spectators are there to BRING players, OBSERVE game, ENCOURAGE participation of players AND provide refreshment treats for team.



**DIVISION U10
2009-2010 OFFICIAL RULES**



FIELD SIZE	220 ft long X 150 ft wide (optimal)
GOAL SIZE	24 ft long X 8 ft high (Standard full size goals)
BALL SIZE	4, FIFA approved
PLAYERS	<p>On team: 9-11 players (may vary due to number of players registered) On field: 7 maximum Minimum to start: 6; if less, then scrimmage for fun with equal number. Sportsmanship: Both teams must field same number of players on field. Playing time: Minimum 2 quarters per game. Each player should average 3 quarters per game over season, unless physically unable to do so. Goal keepers: Each player can play only one quarter in goal (4 goal keepers per game).</p>
GAME LENGTH	Two 25-minute halves (running time). 1-2 minute quarter break midway through each half. 5 Minute half time break.
RULES	All FIFA Laws apply , except they shall be very loosely administered.
SPECIAL RULES	<p>Cards: No carding of players will be permitted. If a player is dangerous, request coach to replace player. Heading and Slide Tackling: Allowed but not encouraged without proper and adequate training. Referee to watch closely for dangerous play foul.</p>
COACHING	<p>Only one coach and/or one assistant coach is allowed. Coaching must be in AYSO "positive" manner. Coaches and assistant coaches shall remain within coaches box (10 yards on either side of halfway line) on own side of field during game. Coach of home team has choice of sides. NO ALCOHOL OR TOBACCO PRODUCTS ALLOWED AT PRACTICES OR GAMES.</p>
REFEREES	<p>Referees are to maintain safety of all players and may provide instructional commentaries to players, as long as flow of game is not interrupted. Referees must complete and turn in game cards. Officiating team shall consist of a center referee and 2 assistant referees. Referees are to complete and turn in game cards.</p>
SPECTATORS	Spectators to remain 5 yds from touch line and 20 yards from goal line.
STANDINGS	NO league standings are kept. Lopsided scoring should be minimized and DISCOURAGED .
PRACTICE	PRACTICES ARE TO LAST NO MORE THAN 1½ HOURS. Only three (3) activities (2 practices, 1 game) are allowed per week.
GENERAL INFO	REMEMBER, THIS GAME IS FOR THE PLAYERS! Referee is there to keep time, move game along, and provide safe environment for players. Coach is there to do LINEUP , OBSERVE and ENCOURAGE players during game. Spectators are there to BRING players, OBSERVE game, ENCOURAGE participation of players AND provide refreshment treats for team.

**DIVISION U12
2009-2010 OFFICIAL RULES**



FIELD SIZE	300 ft long X 150 ft wide (optimal)
GOAL SIZE	24 ft long X 8 ft high (Standard full size goals)
BALL SIZE	4, FIFA approved
PLAYERS	<p>On team: 12 players (may vary due to number of players registered) On field: 9 maximum Minimum to start: 7; if less, then scrimmage for fun with equal number. Sportsmanship: Teams are encouraged to field same number of players. Playing time: Minimum 2 quarters per game. Each player should average 3 quarters per game over season, unless physically unable to do so. Goal keepers: Each player can play only two quarters in goal, and at least one more on field.</p>
GAME LENGTH	Two 30-minute halves (running time). 1-2 minute quarter break midway through each half. 5 Minute half time break.
RULES	All FIFA Laws apply
SPECIAL RULES	<p>Cards: No carding of players will be permitted. If a player is dangerous, request coach to replace player. Heading and Slide Tackling: Allowed but not encouraged without proper and adequate training. Referee to watch closely for dangerous play foul.</p>
COACHING	<p>Only one coach and/or one assistant coach is allowed. Coaching must be in AYSO "positive" manner. Coaches and assistant coaches shall remain within coaches box (10 yards on either side of halfway line) on own side of field during game. Coach of home team has choice of sides. NO ALCOHOL OR TOBACCO PRODUCTS ALLOWED AT PRACTICES OR GAMES.</p>
REFEREES	Referees are to maintain safety of all players and may provide instructional commentaries to players, as long as flow of game is not interrupted. Referees must complete and turn in game cards.
SPECTATORS	Spectators to remain 5 yds from touch line and 20 yards from goal line.
STANDINGS	Age Group Coordinator will keep league standings, based on win, loss, tie, and sportsmanship points. Lopsided scoring (more than 5 points difference) will result in diminished sportsmanship points. Playoff games will be on last day of season.
PRACTICE	PRACTICES ARE TO LAST NO MORE THAN 2 HOURS. Only three (3) activities (2 practices, 1 game) are allowed per week.
GENERAL INFO	REMEMBER, THIS GAME IS FOR THE PLAYERS! Referee is there to keep time, move game along, and provide safe environment for players. Coach is there to do LINEUP, OBSERVE and ENCOURAGE players during game. Spectators are there to BRING players, OBSERVE game, ENCOURAGE participation of players AND provide refreshment treats for team.

**DIVISION U14
2009-2010 OFFICIAL RULES**



FIELD SIZE	300 ft long X 175 ft wide (optimal)
GOAL SIZE	24 ft long X 8 ft high (Standard full size goals)
BALL SIZE	5, FIFA approved
PLAYERS	<p>On team: 15 players (may vary due to number of players registered) On field: 11 maximum Minimum to start: 7; if less, then scrimmage for fun with equal number. Sportsmanship: Teams are encouraged to field same number of players. Playing time: Minimum 2 quarters per game. Each player should average 3 quarters per game over season, unless physically unable to do so. Follow AYSO rules on substitution. Goal keepers: Goal keeper can play all four quarters in goal.</p>
GAME LENGTH	Two 35-minute halves (running time). 1-2 minute quarter break midway through each half. 5 Minute half time break
RULES	All FIFA Laws apply
SPECIAL RULES:	<p>Slide Tackling: Permitted, but not encouraged. Cards: Follow FIFA rules.</p>
COACHING	<p>Only one coach and/or one assistant coach is allowed. Coaching must be in AYSO "positive" manner. Coaches and assistant coaches shall remain within coaches box (10 yards on either side of halfway line) on own side of field during game. Coach of home team has choice of sides. NO ALCOHOL OR TOBACCO PRODUCTS ALLOWED AT PRACTICES OR GAMES.</p>
REFEREES	Enforce all FIFA rules, with emphasis on safety of all players. Game cards must be completed and turned in at end of game.
SPECTATORS	Spectators to remain 5 yds from touch line and 20 yards from goal line.
STANDINGS	Age Group Coordinator will keep league standings, based on win, loss, tie, and sportsmanship points. Lopsided scoring (more than 5 points difference) will result in diminished sportsmanship points. Playoff games will be on last day of season.
PRACTICE	PRACTICES ARE TO LAST NO MORE THAN 2 HOURS. Only three (3) activities (2 practices, 1 game) are allowed per week.
GENERAL INFO	REMEMBER, THIS GAME IS FOR THE PLAYERS! Referee is there to keep time, move game along, and provide safe environment for players. Coach is there to do LINEUP, OBSERVE and ENCOURAGE players during game. Spectators are there to BRING players, OBSERVE game, ENCOURAGE participation of players AND provide refreshment treats for team.

**DIVISION U16-19
2009-2010 OFFICIAL RULES**



FIELD SIZE	300 ft long X 175 ft wide (optimal)
GOAL SIZE	24 ft long X 8 ft high (Standard full size goals)
BALL SIZE	5, FIFA approved
PLAYERS	<i>On team:</i> 15 players (may vary due to number of players registered) <i>On field:</i> 11 maximum <i>Minimum to start:</i> 7; if less, then scrimmage for fun with equal number. <i>Playing time:</i> Minimum 2 quarters per game. Each player should average 3 quarters per game over season, unless physically unable to do so. Follow AYSO rules on substitution.
GAME LENGTH	Two 40 (U16) or 45 (U19) minute halves (running time). As per Section rules, each half to be broken up into four parts (9-10 minutes in length) with a 1 minute break between for water and/or substitution only. 5 Minute half time break.
RULES	All FIFA Laws apply
COACHING	Only one coach and/or two assistant coaches are allowed. Coaching must be in AYSO “positive” manner. Coaches and assistant coaches shall remain within coaches box (10 yards on either side of halfway line) on own side of field during game. Coach of home team has choice of sides. NO ALCOHOL OR TOBACCO PRODUCTS ALLOWED AT PRACTICES OR GAMES.
REFEREES	Enforce all FIFA rules, with emphasis on safety of all players. Game cards must be completed and turned in at end of game.
SPECTATORS	Spectators to remain 5 yds from touch line and 20 yards from goal line.
STANDINGS	Age Group Coordinator will keep league standings, based on win, loss, tie, and sportsmanship points. Lopsided scoring (more than 5 points difference) will result in diminished sportsmanship points. Playoff games will be at end of season.